Welcome
International Students
Nicole Tami,
Executive Director, Global Education Initiatives
Welcome!!

Nasha Torres
Dean of Students, University of New Mexico
What if I told you, you are not alone
New Students
459 Admitted:
• 184 Grads
• 118 Undergrads
• 127 Exchange/Guest
• 30 Intensive English

72 Majors
68 Countries

Current Students
Approximately 1300:
• 104 Countries
• Top 5 Countries Represented: China, India, Nepal, UK and Iran
Start Your Support Network Now!
ICEBREAKER!!

Find a person you don’t know, who is not from your country:  
 Tell them one thing you are really looking forward to about your UNM experience!

Find another person you don’t know, who is not from your country:  
 Tell them one thing you really like about NM so far!
Today's Main Messages

• Make new friends and start your support network now!

• Learn to be a self-advocate

• Take advantage of all of the great resources at UNM!!!
Practical Information

Slides will be at geo.unm.edu
In the “Coming to UNM” section

BRACE YOURSELVES
ORIENTATION IS COMING
General Office Hours
Monday – Friday: 8:00 am – 5:00 pm
Phone Number: 277-4032
Fax Number: 277-1867
E-mail: geo@unm.edu
Web: geo.unm.edu
Emergencies: 277-4GEO
International Advisors

Phillip Gill
Ivet Rosev
Carolyn Kaltenbach
Linda Melville

Email: iadvisor@unm.edu

Walk-in hours to talk to advisors:
Monday and Thursday, 10:00am – 12:00pm
Monday - Friday, 1:00pm – 3:00 pm
Otherwise by Appointment!
GEO IS HERE TO HELP YOU:

• Maintain your legal non-immigrant status
• Identify campus resources
• Adjust to life in the U.S.

Facebook group: UNMGlobal
Today’s Schedule
On Your Agenda!

- Immigration Rules, Other Laws and Work
- Healthcare and Health Insurance
- Academic Life

FREE LUNCH!!!

- Rotation Activity and Check-In
OTHER REQUIREMENTS

• **UNM Orientation:**
  ✔ If you have not already attended one, you **MUST** do this to enroll at UNM.
  ✔ Most students have this on their schedule, but even if not, you **MUST** do it if you haven’t yet!
  ✔ Check at break if you don’t know where to go.

• **Accuplacer Placement Test:**
  You **MUST** take it this afternoon if:
  ✔ You did not take the ACT/SAT OR
  ✔ You did NOT like your score and you want to enroll in any Math, Science or Engineering courses for fall
  ✔ If you want to ask more questions, do so at break
INFORMATION PACKETS

- **E-packet**: Lots of information about health insurance, work, driver’s license and more!!!

- **Red packet**:
  - Calendar of fun stuff for August!
  - Fall calendar of events
  - Checklist of things “to do”
  - We will show you how to sign up for trips this afternoon!
UPDATE YOUR ADDRESS!

- Required by immigration within 10 days of making a change!

- Have to update in 2 places:
  - myGEO portal – you will set up a log in this afternoon!
  - my.unm.edu (in LoboWeb) – Under personal information

- If living on campus, you have to request a mailbox in the SRC to be able to get snail Mail!
OPEN A BANK ACCOUNT

- Nusenda Credit Union- (Student Union Basement Rm. 301) 505-889-7755
- Bank of America- 4401 Central Ave NE (Corner of Central and Washington) 505-282-2531
- Wells Fargo Bank- 3022 Central Ave Ne (Corner of Central and Richmond) 505-255-4372
  - These banks all have ATM machines in the Student Union Building.
  - You do not need a social security number to open a bank account.
  - Shop around for the bank that best meets your needs.
  - Most people use debit/credit card for expenses; rent is usually paid by check.
PAYING YOUR BILL

HOW TO PAY:
- Online in the “Bursar Account Suite” (in Lobo Web); if you pay by credit card there is a 2.75% additional charge.
- [www.Flywire.com](http://www.Flywire.com) - cheapest and easiest to use (if payment coming from abroad)
- In-person at the Cashier/Bursar’s Department
- Payment plans are available (semester by semester)

“SPONSORED” STUDENTS:
If your tuition is being paid by a Government or agency sponsor (a.k.a “Third Party sponsor”). Make sure you sign a GEO sponsor release form so we can inform the Bursar’s office. For questions, contact the Third Party Coordinator by sending an e-mail to [thirdparty@unm.edu](mailto:thirdparty@unm.edu) in the Bursar’s Office
HELP FROM ISI COMMUNITY

ISI is a Christian community group that helps international students before the semester starts at their Welcome Center in the BSU (across the street from Centennial)"

• Free lunch daily through Friday
• Helps find off campus housing
• Has cell phone and bank info
• Furniture and household item give away through Friday
• American family “friendship partner” sign up
• English Conversation
• Other activity sign up: hiking group, shopping, parties, etc.
Get Involved!!!

A support network is critical to your success!

Events: Intlstud-l listserve OR “UNM GLOBAL” Facebook group for reminders
Workshops: Academic success, work, culture, taxes and more!
Volunteer: Join the International Service Corps
Trips: Explore NM and the southwest!
Calendar Highlights

FALL ORIENTATION EVENTS – NO SIGN-UP REQUIRED!!
(LOCATIONS ON MAP IN PACKET)

TODAY!!!!
Welcome Reception: Meet President Stokes; 4:00 – 6:00 pm, Hodgin Hall

Thursday, 8/16
International Amigo Scholarship Recipient Lunch: 12:30, Hodgin Hall

Friday, 8/17
Library Tour: 10:00 am, GEO

Saturday, 8/18
International Welcome Picnic 1:00 – 4:00 pm, Duck Pond (near Zimmerman)

Friday, 8/24
Pool Party 6:00 – 9:00 pm @ Johnson Pool
Calendar Highlights

All Trips: Sign up at Rec Services or online at: http://recsvcs.unm.edu/getaway/getaway.html

Sandia Peak Trip
August 17th
Taos, NM
September 8th – 9th

Grand Canyon Trip
October 12nd – 14th

Events advertised through the GEO listserv from geo@unm.edu and “UNM GLOBAL” Facebook

Workshops and immigration messages iadvisor@unm.edu
Regulations and Rules
you need to know to stay in legal status in the US
• Immigration
• Travel
• Other Rules and Laws
• Work
What do you already know?

What document shows your current legal status in the US?
I-94

What do you need to travel out of the US and return as a student?
I-20/DS-2019 with signature, I-94, Visa

How long are you authorized to stay in the US as a student?
Duration of status

What rules do you need to follow to be a student?
Enroll full-time and no illegal work
WARNING!!!!!!

It is YOUR responsibility to know the rules!!

• Consequences for violations include deportation and inability to return to the US!

• Don’t let your friends be your immigration advisors!!!

• RULES CHANGE, SO PAY ATTENTION IF WE SEND YOU EMAIL WITH INSTRUCTIONS!
WARNINGS!!!!!!

• GEO MUST report to Immigration: your enrollment, change of address, change of major and level, drops below full-time

• So…YOU must inform us of address or program information changes and follow messages from our office carefully

• You won’t remember all the rules but when you forget, ask!!!!

Quiz with prizes coming up, so pay attention!!! AND Read along with your handout!
U.S. Government Agencies

- **DOS** = Department of State: Administers consulates and issues visas
- **DHS** = Department of Homeland Security: Responsible for US immigration rules and benefits
PARTS OF DHS

• **USCIS** = US Citizenship and Immigration Services: Processes applications and provides services to internationals in the US

• **ICE** = Immigration and Customs Enforcement: Enforces immigration regulations (tracks students)

• **CBP** = Customs and Border Patrol: Monitors ports of entry
Student Tracking Program

**SEVIS** = Student and Exchange Visitor Information System

Tracking program to monitor international students and scholars

Schools must report information in SEVIS to be able to give I-20s/DS-2019s
Document Basics

• Always save copies of all immigration documents and tax forms for as long as you plan to remain in the US!

• Keep your documents in a safe place

• Carry immigration documents with you if you travel inside as well as outside of the US (passport, I-94 and I-20/DS-2019)
Key Documents (on handout)

- Passport
- I-20 for F-1 Students
  or DS-2019 for J-1 Students
- I-94 arrival/departure record
- US Visa in passport
Passport

- Must be valid for six months into the future upon entry to the US
- Must be valid at all times to work
- Renew with your embassy/consulate in the US or at home
I-20 or DS-2019

• Document sent to you by the school (J1 students sometimes get this from another organization)

• Used to apply for the visa (F or J)

• Must be valid and correct at all times (update information if it changes)

• End date is just an estimate; permission to stay ends if you end your program earlier!
<table>
<thead>
<tr>
<th>SEVIS ID: N0012857555</th>
<th>Class: F-1</th>
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</thead>
<tbody>
<tr>
<td><strong>Student Info</strong></td>
<td>ACADEMIC AND LANGUAGE</td>
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<tr>
<td>Surname/Primary Name</td>
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</tr>
<tr>
<td>Preferred Name</td>
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<td>Country of Birth</td>
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<td>Date of Birth</td>
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<td>Form Issue Reason</td>
<td></td>
</tr>
<tr>
<td>Initial Attendance - Updated Form I-20 or Name Conversion</td>
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</tbody>
</table>

| **School Info**        | School Code and Approval Date: 22 January 2003 |
| School Name            | School Address: Global Education Office, MSC06 3850, Albuquerque, NM 87131 |
| University of New Mexico |
| Linda Melville         |
| Senior Operations Manager |
Just an estimate. Don't let it expire!
I-20

REMARKS
7b. Includes mandatory student health insurance

SCHOOL ATTESTATION
I certify under penalty of perjury that all information provided above was entered before I signed this form and is true and correct. I executed this form in the United States after review and evaluation in the United States by me or other officials of the school of the student’s application, transcripts, or other records of courses taken and proof of financial responsibility, which were received at the school prior to the execution of this form. The school has determined that the above named student's qualifications meet all standards for admission to the school and the student will be required to pursue a full program of study as defined by 8 CFR 214.2(f)(6). I am a designated school official of the above named school and am authorized to issue this form.

SIGNATURE OF: [Name]
DATE ISSUED: [Date]
PLACE ISSUED: [Location]

STUDENT ATTESTATION
I have read and agreed to comply with the terms and conditions of my admission and those of any extension of stay. I certify that all information provided on this form refers specifically to me and is true and correct to the best of my knowledge. I certify that I seek to enter or remain in the United States temporarily, and solely for the purpose of pursuing a full program of study at the school named above. I also authorize the named school to release any information from my records needed by DHS pursuant to 8 CFR 214.3(g) to determine my nonimmigrant status. Parent or guardian, and student, must sign if student is under 18.

SIGNATURE OF: [Name]
DATE: [Date]

NAME OF PARENT OR GUARDIAN
SIGNATURE
ADDRESS (city/state or province/country)
DATE
Department of Homeland Security
U.S. Immigration and Customs Enforcement

I-20, Certificate of Eligibility for Nonimmigrant Student Status
OMB NO. 1653-0038

<table>
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<tr>
<th>SEVIS ID: N0012857555 (F-1)</th>
<th>NAME:</th>
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<td><strong>EMPLOYMENT AUTHORIZATION</strong></td>
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<td><strong>TYPE</strong></td>
</tr>
<tr>
<td><strong>EMPLOYMENT START DATE</strong></td>
<td><strong>EMPLOYMENT END DATE</strong></td>
</tr>
<tr>
<td><strong>EMPLOYER NAME</strong></td>
<td><strong>EMPLOYER LOCATION</strong></td>
</tr>
<tr>
<td><strong>COMMENTS</strong></td>
<td></td>
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</table>

Any off campus work must be authorized here or it is **not** legal
### CHANGE OF STATUS/CAP-GAP EXTENSION

<table>
<thead>
<tr>
<th>REQUESTED VISA TYPE</th>
<th>REQUEST/PETITION STATUS</th>
<th>RECEIPT NUMBER</th>
<th>BENEFIT START DATE/REQUEST DATE</th>
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### EVENT HISTORY

<table>
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<tr>
<th>EVENT NAME</th>
<th>EVENT DATE</th>
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### OTHER AUTHORIZATIONS

<table>
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<tr>
<th>AUTHORIZATION</th>
<th>START DATE</th>
<th>END DATE</th>
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</table>
**I-20 (p. 2)**

**TRAVEL ENDORSEMENT**

This page when properly endorsed, may be used for reentry of the student to attend the same school after a temporary absence from the United States. Each certification signature is valid for one year.

<table>
<thead>
<tr>
<th>SCHOOL OFFICIAL</th>
<th>TITLE</th>
<th>SIGNATURE</th>
<th>DATE ISSUED</th>
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Need signature less than 6 months old from GEO advisor to reenter the US. Get this at least 1 week before you travel!
<table>
<thead>
<tr>
<th>Field</th>
<th>Value</th>
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</thead>
<tbody>
<tr>
<td>Surname/Primary Name:</td>
<td>Given Name:</td>
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<tr>
<td>Date of Birth:</td>
<td>City of Birth:</td>
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<td>Citizenship Country Code:</td>
<td>Citizenship Country:</td>
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<td>Legal Permanent Residence Country Code:</td>
<td>Legal Permanent Residence Country:</td>
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<tr>
<td>Position Code:</td>
<td>Position:</td>
</tr>
<tr>
<td>Primary Site of Activity:</td>
<td>UNIVERSITY TEACHING STAFF INCLUDING R</td>
</tr>
<tr>
<td>Program Sponsor:</td>
<td>University of New Mexico</td>
</tr>
<tr>
<td>Program Number:</td>
<td>p-1-01853</td>
</tr>
<tr>
<td>Participating Program Official Description:</td>
<td>PROFESSOR; RESEARCH SCHOLAR; SHORT-TERM SCHOLAR; SPECIALIST; STUDENT ASSOCIATE; STUDENT BACHELORS; STUDENT DOCTORATE; STUDENT INTERN; STUDENT MASTERS; STUDENT NON-DEGREE</td>
</tr>
<tr>
<td>Purpose of this form:</td>
<td>Updated Form DS-2019 or Name Conversion</td>
</tr>
</tbody>
</table>

**DS-2019**
DS-2019

Program Info

3. Form Covers Period:
   From (mm-dd-yyyy): 08-06-2014
   To (mm-dd-yyyy): 05-09-2020

4. Exchange Visitor Category:
   STUDENT DOCTORATE

Subject/Field Code: 23.1304
Subject/Field Code Remarks:
   Student has been admitted to the PhD in
   Communication program

Funding Info

5. During the period covered by this form, the total estimated financial support (in U.S. $) is to be provided to the exchange visitor by:
   The Exchange Visitor's Government: $178,462.00
   University of New Mexico- Amigo Scholarship: $119,694.00
   Personal funds: $35,766.00
   Total: $333,922.00

Start and End Dates
<table>
<thead>
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<th>Field</th>
<th>Value</th>
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<tbody>
<tr>
<td>Name of Official Preparing Form</td>
<td>Linda Melville</td>
</tr>
<tr>
<td>Title</td>
<td>Global Education Office, MSC06 3850, 1 University of New Mexico, Albuquerque, NM 87131</td>
</tr>
<tr>
<td>Signature of Responsible Officer</td>
<td></td>
</tr>
<tr>
<td>Date of Signature</td>
<td>07-21-2015</td>
</tr>
</tbody>
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**DS-2019**

**School Official**
**Home residency requirement**

2. Subject to two-year residence requirement based on:
   - A. Government financing and/or
   - B. The Exchange Visitor Skills List and/or
   - C. PL 94-484 as amended

**Signature from a GEO advisor less than 6 months old to return**
I-94
(Print at cbp.gov/I94)

• Also called an arrival/departure record
• Records your entry to the US
• DOWNLOAD a new one each time you reenter (and upload to myGEO portal
• Shows your current legal non-immigrant status (required for proof of status so carry when out of ABQ)
• Shows the end date of your status
• Students should be D/S = “Duration of Status” – means no fixed end date
Most Recent I-94

Admission (I-94) Record Number: 68625822030
Most Recent Date of Entry: 2015 July 24
Class of Admission: F1
Admit Until Date: D/S
Details provided on the I-94 Information form:

- Last/Surname:
- First (Given) Name:
- Birth Date:
- Passport Number:
- Country of Issuance: India

For inquiries or questions regarding your I-94, please click here.

Accessibility | Privacy Policy
US Visa Stamp

• Sticker with picture issued by US consulate
• Gives you permission to ENTER the US in a certain immigration status (does NOT say how long you can STAY)
• Permission to ENTER the US with that visa between the date of issue and expiration (some exceptions for travel to Canada or Mexico)
• You do NOT need to leave the US if your visa expires, but the next time you DO leave, you need to get a new to be able to RETURN!
To maintain student status, ALWAYS...

1. Attend the college/university on the I-20/DS-2019
2. Provide a correct residential address to GEO within 10 days of making a change
3. Maintain full-time enrollment
4. Have a correct & unexpired I-20 or DS-2019
5. Maintain a valid passport
6. Speak with GEO before transferring schools
7. Observe the grace period after completing your program
   - 60-day grace for F students
   - 30-day grace for J students
To maintain student status, NEVER...

8. WORK OFF CAMPUS without prior authorization on your I-20 or DS-2019

9. WORK in “ON CAMPUS EMPLOYMENT” for more than 20 hours per week while school is in session (Fall and Spring) or after you finish your program

10. Take a leave of absence, withdraw from classes, or drop below full-time until you speak with a GEO advisor (no matter what ANYONE tells you!)

Let us know if you will leave at myGEO!
• Undergraduate students **MUST** complete each semester with **12 credit hours**

• Those with the Amigo scholarship **MUST** complete each semester with **15 credit hours**

• There are course and grade restrictions that affect this “full-time minimum” number
Courses that **DO count** toward your full-time requirement for immigration purposes:

- **standard grade: A, B, C, D, F**
- **credit/no credit: C/NC**
- **Incomplete: I**

Courses that **DO NOT count** toward the full time requirement:

- “Audit” grade option
- “W” grade
  (W=withdraw/dropped course)
On-line Course Restrictions:

- ONLY 3 credit hours of your minimum full-time can be in “On-Line” courses

- You can take more, but only 3 credits can be counted toward the full-time minimum
FULL-TIME STUDY

➢ You **MUST** enroll full-time in fall and spring

➢ You **do not need to enroll in Summer** unless you begin or end studies in summer
Exceptions to Full-Time

VERY FEW EXCEPTIONS EXIST!
All must be authorized IN ADVANCE by the international advisor!!!

EXCEPTION TYPES:

1. Academic (Uncommon and Common Types)
2. Medical
Exceptions to Full-Time

Academic:

Uncommon exceptions:
• Initial difficulties with English language, reading requirements or American teaching methods
• Improper course level placement

Common exceptions (still need to be authorized):
• Undergraduates in final semester
Exceptions to Full-Time

Medical:

- Medical excuse authorized by Medical Doctor or licensed psychologist

- Needs to recommend that you drop classes due to illness
“Grace Period”

Only for students who complete their program:

F students have 60 days/J students have 30 days to...

- Leave the U.S. or
- Get a new I-20 or DS-2019 from a new institution/new program or
- Apply for post-completion student work permission or
- Change to another immigration status

Students who terminate their program before completing do NOT have a grace period!!!!!
Work Following Study

- Students can apply for work permission after studies

- You should apply at the beginning of the semester you will finish

- You MUST apply BEFORE you complete the last requirement for the degree to get the work permission in time!!
Work Following Study

- **F1**: No job needed.

- **J1**: Job required. MUST HAVE a job before the DS-2019 expires!

- Once you complete your academic program you are no longer eligible to work on campus unless your work authorization has begun and the job is in your field.
In a college far, far away, two international students are leaving class...
Professor’s Office
Global Education Office

Later that day
MESSAGE?

I DROPPED BELOW FULL-TIME STATUS

DON'T EVER DO THAT!
Travel Requirements

For Travel in the US (out of ABQ)

- Passport
- I-94
- I-20/DS-2019
- In ABQ copies should be good enough; I-94 is the actual legal requirement
Travel Requirements

For travel out of the US and return:

- Passport (unexpired)
- US visa (unexpired); (Travel to Canada & Mexico - special 30-day exception for expired US visa in some cases – ask an advisor)
- GEO advisor’s signature from current semester on pg. 2 of I-20 or pg. 1 of DS-2019 form
- Financial proof
- Copy of transcript
Travel Requirements

• Get GEO signature at least one week before you travel (signatures on the spot at walk-ins ONLY)
• If you leave the U.S. AFTER you complete your program you CANNOT re-enter on your student VISA!!!!

If you need to apply for a visa to return to the US consult a GEO Advisor before you go
MESSAGE?

GOT MY I-20 SIGNED

NOW I CAN COME BACK FROM VACATION!
Tax Issues

- Tax year: January 1\textsuperscript{st} to December 31\textsuperscript{st}
- Taxes due April 15 for previous year
- ALL \textbf{international} students and their dependents must complete US tax forms for each year they are in the US even if they have NO US income!
Tax system is complex so you will need to devote time to reading and filling out forms.

Tax information session for international students and tax advising in March.

Students on Athletic Scholarship will need to apply for a tax ID number NOW!

If you want to train as a tax volunteer, see Linda.
Immigration Jeopardy...

• WHERE do I report my address change (Hint: it’s 2 places)???
  *myGEO portal and my.unm.edu*

• If I want my I-20/DS-2019 signed on the same day when do I have to bring it to GEO?
  
  **At advisor walk-in hours – M-F 1:00 – 3:00!!!!**

• How long can I stay in the US in F1 status after I graduate if I don’t apply for work authorization?
  
  **60 days**
Immigration jeopardy...

• How many hours per week am I authorized to work on campus during Fall and Spring semesters?
  20 hours

• What should I download every time I return to the US?
  I-94

• If I’m an undergraduate student with 12 credits, what happens if my professor gives me a grade of “W”?
  You are out of status!!!!!!!
Other Rules and Laws

You need to know

ONE SIMPLY DOES NOT BREAK THE RULES
Campus & Cultural Rules

- No alcohol on campus (except Faculty House)
- Illegal drugs are ILLEGAL!!
- Smoking is allowed in designated areas only and almost NEVER inside
- Americans are sensitive to smell - wash your clothes and body often and wear deodorant to avoid judgement from others and embarrassing situations!
UNM Campus Police:
police.unm.edu

• Contact Info: Hokona Hall 1st floor across from Hospital; 277-2241

• Safety Escort Service: Takes you from one on-campus location to another

• Bike registry on website: May help if your bike is stolen.
UNM Campus Police

Real Police force:
Can make arrests and carry weapons; officers in uniform and plain clothes patrol campus and respond to emergency calls
What to do for Emergencies

- **Campus Emergencies:** Call 277-2241 this # is on your Lobo card or use blue emergency phones located throughout campus
- **Emergencies anywhere in US:** Call 911
- **If non medical or criminal emergency after hours:** Call GEO at 277-4GEO (e.g. stuck at a border, consulate, etc.)
Bicycle Safety

• ALWAYS wear a helmet
• Use lights at night!
• Be careful. Some areas are not bike friendly
• Buy U locks for your bike; bike theft is common on campus—available at UNM Bicycle Shop, East Entrance to Johnson Center
• Find bike map at www.cabq.gov
Car Regulations and Safety

NEW MEXICO DRIVER’S LICENSE:

- You need a NM driver’s license or Driver Authorization Card (DAC) if you will drive regularly and will live for more than 6 months in New Mexico.

- If you will not drive regularly, an international license should work, but insurance coverage is more expensive (you have to have it).

- Driver’s license or state ID is a good idea for everyone as a form of legal identification (info in e-packet and at geo.unm.edu).
NEW MEXICO DRIVER’S LICENSE:

- If you do **NOT** have a U.S. Social Security Number, you have to make an appointment online.
- You need to tell the MVD whether you will apply for a “Real ID” license or a “DAC”.
- You will need to bring all of the requested documents - 2 pieces of ID (SSN, passport, birth certificate, other license) and 2 of residency (utility bill with name and address, apartment lease with name and address, letter from GEO, etc.)
Car Regulations and Safety

• You MUST have car insurance when driving

• Pay TICKETS! (Parking, Speeding, etc.)

• Do not make any “special request” if the police officer gives you a ticket!

• **If you are stopped by the police:** Do not get out of the car. Place your hands on the wheel where the officer can see them. Get out license, registration and insurance when asked
Car Regulations And Safety

Don’t drink and drive!

* Yellow Cab Company
  (505) 247-8888

Albuquerque Rapid Transit
  (June 2 – Sept 17)

Coming soon!
Consumer Related Issues

- Internet scams are COMMON!: Don’t send anyone money you don’t know!
- No government office or bank will call you on the phone and ask you to provide your SSN or payment
- Buy insurance for any large money transactions (i.e. use Paypal if available)
Housing Regulations

• Information at: geo.unm.edu

• Renters Guide and General Landlord/Tenant Information: www.lawhelpnewmexico.org

• Problems? Contact - New Mexico Legal Aid free hotline: (866) 416-1922
WHEN YOU HEAR
THE DRINKING AGE IS 21
WHAT? YOU MEAN...

NO DRINKING UNDER 21???
Drinking Laws

- Have to be 21 to drink in the US
- An ID is required to get into bars and at restaurants if ordering alcohol

- IT IS A FELONY (SERIOUS CRIME) TO GIVE ALCOHOL TO ANYONE UNDER 21!!!

- ABQ Police “Party Patrol” often raids parties in the area near campus; if you are hosting a party with alcohol, make sure guests are over 21!!!
Legal and Criminal Issues

- Important to know the laws that are problematic
- Avoid getting into trouble in the first place!
- Violations impact you financially and may affect your immigration status
- If you are charged with a crime or arrested, seek legal assistance and talk to a GEO advisor to understand the issues
If You are Stopped by the Police, Immigration or FBI*

• **Stay calm and be polite.** Don’t run or resist. Keep your hands where the police can see them.

• **Right of refusal to search.** You have the right to refuse unless there is a warrant.

• **Ask if you are free to leave.** If the officer says yes, calmly walk away. If you are under arrest, you have a right to: remain silent, have an attorney and contact your consulate

• **Do not lie or give false statements and do not sign anything without talking to a lawyer.**
Can I Work in the USA?

International Student Work Requirements

Photo by: Susann Kõomägi
Work Eligibility Requirements

- Must meet eligibility criteria for specific type of work permission
- Must maintain legal full-time student status throughout your studies
  - Maintain G.P.A. of 2.5 for undergraduates
  - Must consult a GEO advisor well in ADVANCE for any off-campus work
Work Types for F-1 and J-1

**F-1 Students**

“ON CAMPUS”
(For UNM only)

OTHER
OR “OFF CAMPUS”
1. Curricular Practical Training (“CPT”)  
2. Optional Practical Training (“OPT”)  
3. Severe Economic Hardship

**J-1 Students**

“ON CAMPUS”
(For UNM only)

OTHER
OR “OFF CAMPUS”
1. Academic Training (“AT”)
On-Campus Work
How Many Hours Can I work?

- **20 hours per week:**
  During the Semester (have to be taking classes)
  (US students can work 30 hours, so don’t get confused!)

- **During semester breaks (summer/winter break)**
  IF you plan to continue your studies at UNM you can work
  28 hours per week in Student Employment
Types of On-campus Work for Students

**Student Employment Jobs (SE):** All International students **ARE ELIGIBLE**

**Work Study Jobs (WS):** International students are **NOT ELIGIBLE**
Students with on-campus jobs need to go to the Student Employment Office to process paperwork.

**F-1 students** do not need any special permission from GEO to work on campus, but will need to show passport, I-20, I-94 for processing paperwork.

**J-1 students** will need a form from GEO **BEFORE** they can begin work.

Note: J-1 student must also notify GEO if there is a change of employment. Your employment information is required to be updated and documented in SEVIS.
There are three types of F1 “off-campus” work:

In your field of study:
- CURRICULAR PRACTICAL TRAINING (CPT)
- OPTIONAL PRACTICAL TRAINING (OPT)

Other:
- SEVERE ECONOMIC HARDSHIP

- ONLY eligible after one academic year of full-time enrollment

NEVER work off-campus without a GEO advisor’s written authorization! (On your I-20 or DS-2019)
Any off campus work must be authorized here or it is **not** legal

<table>
<thead>
<tr>
<th>SEVIS ID: N0012857555 (F-1)</th>
<th>NAME:</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>EMPLOYMENT AUTHORIZATION</strong></td>
<td></td>
</tr>
<tr>
<td><strong>EMPLOYMENT STATUS</strong></td>
<td><strong>TYPE</strong></td>
</tr>
<tr>
<td><strong>EMPLOYMENT START DATE</strong></td>
<td><strong>EMPLOYMENT END DATE</strong></td>
</tr>
<tr>
<td><strong>EMPLOYER NAME</strong></td>
<td><strong>EMPLOYER LOCATION</strong></td>
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<tr>
<td><strong>COMMENTS</strong></td>
<td></td>
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</tbody>
</table>
There is one type of J1 “off-campus” work: “Academic Training”

- ONLY eligible after one academic semester of full-time enrollment
- Amount of Time Eligible to Work depends on degree or program and length of study

Your academic advisor must first authorize the employment.
J-1 Academic Training

U.S. Department of State
CERTIFICATE OF ELIGIBILITY FOR EXCHANGE VISITOR (J-1) STATUS

1. Family Name:  
First Name:  
Middle Name:  
Gender:  
Sex:  
Nationality:  
Date of Birth:  
City of Birth:  
Country of Birth:  
Citizenship Country Code:  
Sex:  
Nationality:  
Date of Birth:  
City of Birth:  
Country of Birth:  
Citizenship Country Code:  
Sex:  
Citizenship Country:  
Position Code:  
Position:  
Primary Site of Activity:  
Address:  
City:  
State:  
ZIP Code:  
Exchange Visitor Program Number:  
Participating Program Official Description:  
Purpose of this Form:  
Exchange Visitor Program:  
Exchange Visitor Category:  
Subject/Field Code:  
Subject/Field Code Relevance:  
Exchange Visitor Program Number:  
Principal Applicant:  
Address:  
City:  
State:  
ZIP Code:  
2. Program Sponsor:  
University of New Mexico  
Exchange Visitor Program Number:  
Participating Program Official Description:  
Purpose of this Form:  
Exchange Visitor Program:  
Exchange Visitor Category:  
Subject/Field Code:  
Subject/Field Code Relevance:  
Exchange Visitor Program Number:  
Principal Applicant:  
Address:  
City:  
State:  
ZIP Code:  
3. Form Covers Period:  
From:  
To:  
4. Exchange Visitor Category:  
STUDENT NON-DEGREE  
5. During the period covered by this form, the total estimated financial support (in U.S. $) to be provided to the exchange visitor by:  
Personnel Funds:  
Total:  
Academic Training:  
Organizing for America - (05/16/2010 - 08/31/2010)
F-1 and J-1 students who work MUST obtain a Social Security Number (SSN)

(you can’t get one if you don’t work)

• You will not be paid after two pay periods unless you get the SSN to the payroll office

• YOU HAVE TO GO TO THE SOCIAL SECURITY OFFICE, BUT…You new students must wait until:

  Three weeks after you complete check in
Social Security Number

The Social Security Administration is a Government Office that is located OFF campus. To apply for a Social Security Number you must take:

- Original passport
- I-20/DS-2019
- I-94
- UNM employment verification form signed by GEO
- Social Security Application

Note: Applications are provided at the Social Security Administration Office and at GEO
Commercial Break:
Two International students meet…
MESSAGE?

I DON'T ALWAYS WORK OFF CAMPUS...

BUT WHEN I DO, I GET WORK PERMISSION FROM GEO
NEED MORE INFORMATION?

➢ Ask an international advisor
  
  Walk-in Office Hours for Advisors:
  
  Monday - Friday: 1-3 pm
  
  Monday and Thursday: 10-12 pm

➢ Check the GEO website

➢ Read email messages sent from iadvisor@unm.edu regarding immigration issues!!!!
International Student Contract

• Keep the contract on your agenda for your records.
• You sign that you understand these rules when you log in to the myGEO portal.

Be back in your seats in 15 minutes!
Health Care and Health Insurance

Photo by: Susann Kõomägi
SO YOU'RE TELLING ME
I HAVE TO HAVE HEALTH INSURANCE?
YOUR HEALTH IS IMPORTANT!

• No one expects to get sick!

• If it happens, you need to understand the US system, where to go, and how to use your insurance
Overview of the US Health System and Health Insurance

http://www.internationalstudentinsurance.com/
HEALTH INSURANCE AT UNM

Health insurance is MANDATORY for international students at UNM!!!

- Students with Athletic scholarships, and Government sponsored students have special requirements and benefits.

- Students whose parents live in the US and have health insurance can have coverage through their parents

- ALL OTHER International Students need to buy US-based health insurance coverage for their ENTIRE STAY in the US!
HEALTH INSURANCE AT UNM

http://geo.unm.edu/students/health_care/health_insurance/index.html
HEALTH INSURANCE AT UNM

Two Types of Plans Available for those who have to buy:

1. “Emergency” or “Illness – only” Plans designed for International Students (i.e., the ISI plans linked to the GEO website)

OR

2. US Marketplace Plans sold at healthcare.gov (Obamacare/ACA)
International Student Plans

**International Plans **DO NOT: **

- Cover pre-existing conditions
- Cover preventative care
- Have unlimited benefits
- Have their claims processed directly by the UNM Student Health Center
- Cover things that are not medically necessary

**International Plans **DO:**

- Cover new illnesses and injuries
- Cover medical evacuation and repatriation of remains (required for J1 visa holders)
- Have limits on how much they will cover and what they will cover
- Will require you to file claim forms if you visit the UNM student health center and want them to pay
- Charge more for those over 24
US Marketplace Plans

**US Marketplace Plans DO NOT:**
- Allow you to sign up at any time (You have to have a qualifying life change like moving to the US)
- Have an easy sign up process
- Have a guarantee of continuing beyond this year

**US Marketplace Plans DO:**
- Allow pre-existing conditions
- Allow coverage for preventative care (medical only – no dental or vision)
- Provide subsidies to students according to income
- Cover an illness without a dollar limit
- Require you to file a tax return at which time you MAY have to pay back some of the subsidy
HEALTH INSURANCE

To Decide: Read the information on our website, THEN

Think about your personal situation:
• Are you over 24?
• Do you have any current or recurring medical issues ("pre-existing conditions")
• Do you take any regular medications?
• How much are you willing to RISK a huge financial bill?
• Are you prepared to return home for care if you need to?
• How long have you lived in the US?
• Are you willing to take the time to apply for the US Healthcare marketplace insurance?
• Are you prepared to pay back some of the subsidies if you have to?
HEALTH INSURANCE

After you buy:

1. **Upload coverage info at myGEO portal** - one easy page that has your name and the dates of coverage

2. **Print an insurance card** – Carry this in your wallet!

3. **Do not have a gap in your health insurance** (even if you will leave the US for vacation). If you have a gap your policy is considered NEW and NOT continuing which is a problem.

4. **Fill out claim forms for any charges within the time limit** (usually 2 months) – Do this even for health center charges so that you are adding up dollars toward meeting your “deductible”
HEALTH INSURANCE

More information will be available in the first week of classes:

Monday, August 20th
Health Insurance Information Session and Q&A
3pm to 5pm
Mitchell Hall, Room 122

Tuesday, August 21st and Wednesday 22nd
Health Insurance Sign-Up Help
10am to 4pm (Drop-In)
SUB Lobo Lair Computer Lab, Ground floor
SO... WHERE SHOULD YOU GO WHEN YOU GET SICK?
STUDENT HEALTH & COUNSELING

Monday - Thursday
8:00 AM – 5:30 PM

Friday
9:00 AM – 5:00 PM

(505) 277-3136
FOR ROUTINE CARE GO TO SHAC!!

• All currently enrolled students can be seen at SHAC
• Cost is MUCH lower than elsewhere and will be billed to your student account at UNM
• Care is offered by experienced doctors, advanced practice providers, and nurses
• Same-day appointments are available
MANY SERVICES

- Medical Appointments: Advanced & Same-Day
- Counseling Services
- Women’s Health
- Men’s Health
- Pharmacy
- Laboratory & X-Ray

- Allergy & Immunization
- Travel Health Clinic
- Specialty Clinics
- Physical Therapy
- Massage
- Acupuncture
- Health Education
STUDENT HEALTH & COUNSELING (SHAC)

Best place to go when you get sick!!! BUT NOT OPEN ON WEEKENDS!
Where to go if SHAC can’t help

• If SHAC is closed and you have an urgent need, you will need to go to an “Urgent Care” facility or the hospital Emergency Room.

• Check your packet, the Health Care section of our website and the PINK wallet card we gave you for options.

• Contact your insurance provider to go somewhere “in network” for the cheapest price.
When to Use the Emergency Room

Note: DO NOT USE AN EMERGENCY ROOM IF IT IS NOT AN EMERGENCY!!! – CHARGES ARE OUTRAGEOUS!!!
When to Use the Emergency Room

• Heart Attack
• Fractures/broken bones
• Seizures
• Severe pain
• Stroke
• Uncontrollable Bleeding
• Unconsciousness
• Childbirth
When to Use Urgent Care

- Allergies
- Sinus infections
- Cold
- Cough
- Flu-like symptoms
- Sore throat
- Dizziness
- Ear aches
- Fever

- Insect bites
- Minor cuts
- Back pain
- Minor Burns
- Sprains
- Strains
- Rashes
- Upset Stomach
- Vomiting
- Diarrhea
Mental Health Issues

What to remember
• Please seek help if you need it!
• There is no shame in needing someone to talk to while away from home!!!
• It’s confidential
• Most resolve their issues!!!

What to do:
• Go to Student Health and Counseling (SHAC)
• Seek an individual consultation
• Attend one of the self-help workshops
Again: What do I do if I get sick?

• Unless it is a medical emergency, you should always seek help from SHAC first

• If SHAC can’t help go to an *In-Network* provider for your insurance for the lowest cost

• Students are responsible for their insurance “deductible” and any “co-insurance”

• You will have to fill out a “claim form” if the provider does not take your insurance
Again: What do I do about insurance?

Do your research on your own and come to our help sessions:

**Hands-on Sign-up Help:**
August 21 & 22 ONLY!!!
10-4 in SUB computer lab!

**THIS IS YOUR LAST CHANCE TO GET HELP ON CAMPUS!!!**
A Word on Cultural Adjustment

IT HAPPENS TO EVERYONE!!!
Overcoming Culture Shock

Advice from your fellow students
Culture Shock U curve

- Honeymoon phase
- Crises or culture shock phase
- Adaptation phase
- Adjustment phase

3-6 months
How to Overcome Culture Shock

• Expect ups and downs (extremes in feelings)
• Keep busy and active; take time to socialize, play sports, do hobbies
• Make American friends as well as international friends
• Learn all you can about the culture and language and think about the parts you really like
• Do the things that make you feel good at home
• Keep a sense of humor and be ready to laugh at yourself
• Realize that everyone who moves to a foreign culture experiences culture shock
How to succeed in your academic life?

Daniela Collazos Galindo, Undergraduate Student
Senior, Special Education
From Venezuela
Tip 1: Get Involved and Get To Know People

- Make connections
- Build a campus support system
- Take advantage of unique programs
  - Get involved in clubs and organizations
  - Attend campus events
  - Present at International Education Week
  - Engage in study groups
Tip 2: Go To Class and Participate

- Class attendance really does affect your grade!
- Engage in discussions during class
- Come prepared to class
Tip 3: Don’t Be Afraid to Ask For Help and Don’t Wait Until It’s Too Late

- Even if you’re not having difficulties in class, go to tutoring centers. Resource centers are really helpful!
- Centers review material, workshop, and opportunities to develop your skills.
- Let professors know that you’re international and communicate with them about any issues you are having!
Tip 4: Stay on Top of your Assignments, DO NOT PROCRASTINATE!

- Read your syllabus in each and every class!
- Become familiar with “UNMLEARN”
- There are always deadlines
- Get organized, create a schedule and use a planner!!
Tip 5: Take Responsibility

- Going to class, doing your assignments, asking questions, it’s all up to you!
- Take an active role in your own education; you must do your own work. **PLAGIARISM IS NOT TOLERATED IN THE U.S.**!
- Be proactive about using the resources on campus
- Learn to be your own advocate
- Be the person who’s not afraid to speak up!
- Challenge yourself and be challenged!
Tip 6: Work Hard, Play Hard!

- But above everything else, don’t forget to:
  - Have some fun
  - Go out there and explore
  - Make friends
  - Enjoy the experience
  - Get out of your comfort zone
ACADEMIC SUCCESS COURSE (FREE):

REQUIRED FOR THOSE WITH THE AMIGO SCHOLARSHIP UNLESS YOU ARE ON AN ATHLETIC SCHOLARSHIP. Those on Athletic Scholarship are not required to attend but have separate requirements through UNM Athletics.

THIS COURSE SUPPORTS YOUR ACADEMIC SUCCESS! IF YOU WANT TO ATTEND AND YOU DO NOT HAVE THE AMIGO SCHOLARSHIP SEE LINDA AT THE BREAK.

**When?:** Fridays 4:00 – 6:00 pm

**Begins, August 24th for 6 sessions (until September 28th)**

**Where?:** Zimmerman Library, Room 345
REAL STUDENT LIFE
Prof. Pisarn Bee Chamcharatsri
SCENARIO 1

• On the first day of class, Anan was given a handout filled with information about class, assignments, deadlines, etc. However, he lost this document a week later. He did not know what it is called.

• What should he do?

SCENARIO 2

• Lemoni needs to finish her assignment but she has only two days left. As she talks to her friends, one of them suggests that she can share her paper that she submitted last year. Lemoni has decided to write everything exactly the same as her friend’s paper.

• What seems to be the problem here?
SCENARIO 3

• Steve the minion has to buy 3 books for an engineering class. He later finds out that each book is $300! He does not have that much money to buy 3 books.

• What should Steve do?

SCENARIO 4

• On the exam morning, Vivian has caught the flu. He couldn’t get out of bed. He knew that if he did not take this exam, he would fail this course.

• What should Vivian do?
English 110 for Second Language Students
MWF 10-10:50 am
Email: bee@unm.edu
Course number will be provided
What’s next?

1. Get into groups by color (sticker on your agenda)
2. Pick a lunch and sit with your group (beef, chicken or veggie)
3. Red group will be taking the placement test (if you are not sure if you should take it, ask at lunch)
4. Afternoon rotation is required to complete check-in and have your GEO hold lifted
5. You can sign up for GEO events during the rotation
6. Rotation ends by 4:00 at the Welcome Reception (Hodgin Hall)
Reminders!!!
(locations on map and events on calendar in red packet)

Friday, 08/17

Library Tour
10-12:00 from GEO

Sandia Peak Trip
Sign up at Rec Services leaves at 1:40pm

Saturday, 8/18

Welcome Picnic
Check the GEO calendars for other events!
Study Hard and Have fun!!!